

Lunch Menu

This Menu is available on the following weeks, date commencing;
TBC

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	 50% Plant based Beef Bolognaise Quorn Ragu in a rich tomato sauce	 Marinated Chicken Pieces Spicy Bean Burger Sweet Chilli & Lettuce Also Potato Wedges Slaw Garlic Bread Turmeric Rice Onion Rings Chopped Salad	 Roasted Pork Loin Apple Sauce Apricot & Parsley Stuffing Balls Gravy Served with Crispy Roast Potatoes Broccoli Sliced Carrots 	 Delhi Tikka Chicken Masala Mughlai Vegetable Korma White Rice Bombay Slaw Indian Selection Poppadum Bombay Potato Mango Chutney Mint Yoghurt	 Battered Fish Lemon Tartare sauce Fish Cake Saveloys Fajita Spiced Vegetable Tacos Chips, Peas MUSHY PEAS
Pizza Market Pasta Kitchen	 Authentic Sauces served daily with Pasta, Noodles or Rice Pizza Slices, Calzones, Stromboli's & Muffins				
Family Favourites	Chocolate & Mandarin Brownie	Peach Upside down cake	Toffee Apple Crumble	Lemon Drizzle	Jam & Coconut Sponge

A daily selection of fresh Grab &Go items are also available. Some dishes may vary and are subject to availability.

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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	 Sweet & Sour Pork, peppers & onions Black Bean Vegi Street Noodles	 Flavoured Chicken Strips Falafels Served in Khobez bread Hummus Sauces Tabbouleh Fattoush Slaw Chickpea Shawarma	 Roasted Turkey Crown Cranberry Sauce Stuffing Gravy Served with Crispy Roast Potatoes Red Cabbage Glazed Parsnips 	 Madras Curried Chicken Thighs Mughlai Chickpea & Lentil Dahl White Rice Lemon & Coriander Cous Cous Indian Selection Naan Bread Bombay Potato Mango Chutney Mint Yoghurt	 Battered Fish Lemon Tartare sauce Saveloy Fishcake Quorn Sausages Chips, Peas Mushy Peas
Vegetarian Main Meal	Seasoned Rice Prawn Crackers Mini Vegetable Spring Rolls				
Pizza Market Pasta Kitchen		Authentic Sauces served daily with Pasta, Noodles or Rice Pizza Slices, Calzones, Stromboli's & Muffins			
Family Favourites	Chocolate & Apple Cake	Orange Bread & Butter Pudding	Summer Berry Crumble	Carrot & Courgette Sponge	American Pancakes

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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	 Crispy Buttermilk Chicken Breast Burger in a Brioche Bun	 Beef Chilli	 Roasted Honey Glazed Gammon	 Chicken Tikka Masala	 Battered Fish Lemon Tartare sauce
Vegetarian Main Meal	Triple Cheese Quorn Dog Selection of pickles & Sauces Herby Diced Potatoes Buttered Corn House Slaw Chopped Salad	Fajita Spiced Vegetables & Feta Buritto Citrus Rice Sour Cream Salsa Sweet potato Wedges Nachos	Gravy Served with Crispy Roast Potatoes Sauté Leeks & Peas Baton Carrots 	Mughlai Vegetable Korma White Rice Bombay Slaw Indian Selection Naan Bread Poppadum Mango Chutney Mint Yoghurt	Saveloy Fishcake Sweet Chilli Street Noodles Chips Peas Mushy Peas
Pizza Market Pasta Kitchen	 <p>Authentic Sauces served daily with Pasta, Noodles or Rice</p> <p>Pizza Slices, Calzones, Stromboli's & Muffins</p> 				
Family Favourites	Eves Pudding	Warm Red Cherry Pancake	Wholemeal Apple & Cinnamon Crumble	Sticky Toffee Pudding	Chocolate Sponge

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