


Compton School Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup Station	Soup of the Day Served with chilli flakes, seeds & croutons	Soup of the Day Served with chilli flakes, seeds & croutons	Soup of the Day Served with chilli flakes, seeds & croutons	Soup of the Day Served with chilli flakes, seeds & croutons	Soup of the Day Served with chilli flakes, seeds & croutons
Main Meal of the Day	Stir Fry Turkey Noodles with crunchy vegetables in sweet & sour sauce Or Vegetable Ratatouille served with rice	 Traditional Macaroni Cheese served with a twist! Choose your topper and side Bacon croutons, garlic mushrooms, roasted veggies or pepperoni.	Roast Chicken with Stuffing, Roasted Herby Potatoes and Gravy Or Quorn Sausages with Stuffing, Roasted Herby Potatoes and Gravy	 Chicken Curry or Vegetable Curry served with Cucumber Raita, Sag Aloo, Naan Bread and Mango Chutney	Battered Pollack with Tartare Sauce & Lemon Wedge Or Mushroom and Spinach Risotto
Sides	Roasted Summer Vegetables Fresh Mixed Salad Garlic Bread	Roasted Veggies Fresh Mixed Salad Garlic Slice	Cabbage Roasted Parsnips Fresh Mixed Salad	Sweetcorn Fresh Mixed Salad	Peas and Baked Beans Fresh Mixed Salad Curry Sauce Mushy Peas
Hot Grab & Go	BBQ Chicken Flat bread	Vegetarian Chilli Burrito		Curried Hot Wrap	Fish Finger Wrap
Pasta Kitchen	Pizza Market and Pasta Kitchen. Jacket Potatoes to include Sweet potato option, beans & cold toppings	Pizza Market and Pasta Kitchen. Jacket Potatoes to include Sweet potato option, beans & cold toppings	Pizza Market and Pasta Kitchen. Jacket Potatoes to include Sweet potato option, beans & cold toppings	Pizza Market and Pasta Kitchen. Jacket Potatoes to include Sweet potato option, beans & cold toppings	Pizza Market and Pasta Kitchen. Jacket Potatoes to include Sweet potato option, beans & cold toppings
	Wholemeal Apple Crumble & Vanilla Custard	Vanilla Shortbread	Pear and Ginger Muffin	Pineapple Upside Down Cake & Custard	Rice Pudding with Mixed Berry Compote

Fruit salad pots and a selection of seasonal fresh fruit served in peak condition, ripened and ready to eat. - Daily selection of Grab & Go also available
Some dishes may vary & are subject to availability